

### **Amendments to the Specification**

Please amend paragraph [0068] on page 8, as follows:

**[0058]** Fig. 9 is a right side perspective view of the Figs. 1-8 apparatus having a pair of pivotable handles pivotably attached to the forward four bar linkage legs 26a, ~~26b~~ 26d and to the frame via a support bar 500.

Please amend paragraph [0086] beginning on page 13, as follows:

**[0086]** Fig. 5A illustrates another embodiment of the invention showing one of the four bar linkage support mechanisms in a rearward ~~forwardmost~~, 26a', 26d' and a forward ~~rearward~~ 26a, 26d position along the pivot stroke of the four bar linkage. The four bar linkage has opposing pivot widths (or opposing pivot link, 18c/24b, 18d/24a widths), W' and W'', and opposing pivot lengths (or opposing pivot link, 26a/26d, 26b/26c lengths), L' and L'' that form the functional four bar linkage for purposes of pivotably mounting/supporting the foot pedal 24a from an upper portion 18d (or foot pedal 24b from upper portion 18c) of the overhead support arm or leg, 16b, 16c, of the frame. The foot pedals 24a, 24b themselves comprise a structural portion or the whole of the lower pivot link of the four bar linkages in the embodiments shown in Figs. 1-10. The distances between the width pivot points 31a and 31d, W' and between the width pivot points 31e and 31f, W'' are preferably equal or substantially equal. And, the distances between the length pivot points 31d and 31e, L' and between the length pivot points 31a and 31f, L'' are also preferably equal or substantially equal such that the difference between angles A1 and A2, i.e. the degree of rotation or pivot of the foot

pedal 24a from back to front and front to back along the arcuate path of translation of the foot pedal from front to back and vice versa is less than about 3 degrees, typically less than about 2.5 degrees. The foot pedals have a foot sole receiving upper surface that defines a generally planar orientation or plane in which the sole of the foot of the user is maintained when standing on a foot pedal. Angle A1 is the angle between the foot sole orientation plane PP1 in which the foot sole surface resides at the ~~backwardmost~~ forwardmost end of the front to back path of translation and a fixed selected reference plane RP. Angle A2 is the angle between the sole orientation plane PP2 in which the foot sole surface resides at the ~~forwardmost~~ backwardmost end of the front to back path of translation and the fixed selected reference plane RP. In this preferred embodiment, the difference between angles A1 and A2, at any point/position along the back to front/front to back path of translation of the food pedal 26a is preferably less than about 3 degrees (typically less than about 2.5 degrees), i.e. the plane in which the foot sole surface of the pedal 24a resides does not rotate or pivot more than about 3 degrees at any time during movement through the arcuate path of translation.